



Physical Education (PE) Intent, Implementation, Impact Statement

The National Curriculum for PE aims to ensure that all children:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

Intent

Our aim within PE is that all pupils are provided the opportunity to engage in a healthy lifestyle by providing regular competitive sport, extra-curricular activities and a rich and motivating curriculum that challenges, engages and motivates pupils. Through competition we aim to reinforce the important values of sportsmanship, respect, equality and fairness which then in turn also develops team work, community, communication and leadership skills. We strive for all pupils to leave Hollinhey Primary School physically literate and have the knowledge, skills and motivation needed to prepare them for a healthy lifestyle and lifelong participation in physical activity and sport.

Honesty – We teach children to play with honesty and value sportsmanship above all else.

Effort – We celebrate effort as much as attainment, promoting the importance of hard work to build success and the development of a growth mindset.

Achievement – We intend to provide children opportunities to experience success through regular competition.

Respect – We aim to inspire a lifelong love physical activity and to always respect themselves, their opponents and the officials.

Tolerance – Through PE at Hollinhey, children will experience a variety of sports to ensure they develop the confidence, tolerance and the appreciation of their own and others' strengths and weaknesses.

Implementation

EYFS

During early years there is a real focus on developing and understanding key fundamental skills to work towards achieving the early learning goals. This is taught through gymnastic, dance, target games and through the continuous and outdoor provision. During PE lessons, children are taught and given the opportunity to develop their gross motor and games skills such as: throwing, catching, running, jumping, hopping and skipping. During session such as gymnastics and yoga, children are learning to balance and control their movement on different apparatus. In all of this, children are able to develop their fundamental skills in readiness to move up to Year 1.

KS1

In Key Stage One children build upon the fundamental skills they were taught in Early Years. Children now start to develop an understanding of the basic skills to become competent in a range of physical activities that are then taught in Key Stage Two.

Children are taught the values of sport and begin to apply these to understand rules and boundaries. Children are also taught how to lead a healthy lifestyle and how participating in regular physical activities will support this.

Children begin to learn how the fundamental skills taught in Early Years can be applied and adapted to different sports and begin to learn sports specific skills.

Physical Education (PE) Intent, Implementation, Impact Statement

KS2

In Key Stage Two children will apply skills effectively in different situations and within a wide range of physical activities. The values of sport will be utilised by the children to extend knowledge of rules and boundaries and apply these in becoming young leaders. Children will know how to lead a healthy lifestyle and challenge themselves within regular physical activity.

Children in Key Stage Two will be able to compare their performances with previous ones and demonstrate improvement to achieve their personal best. Children will have a deep and rich understanding of different sports and physical literacy to become Key Stage Three ready and have a positive attitude for lifelong participation in physical activity.

Our whole school approach to the teaching and learning of PE involves the following:

- To provide enjoyable, challenging and motivating learning opportunities through a wide range of sport activities that include: invasion games, net, wall and racket games, striking and fielding games, gymnastics, dance, swimming and outdoor and adventurous activities.
- To offer opportunities to partake in sports new to the children and to allow children's voices to be heard when designing the curriculum.
- Guarantee that the requirements of the National Curriculum are met through the long-term plan that sets out the PE units and content that staff will teach throughout the year.
- Ensure that the pupils understand that sport can support and positively impact on their own mental health and well being.
- Support pupils to participate in a variety of extra-curricular activities at lunch time and after-school of which will regularly change from term to term and several free clubs will be offered ensuring pupils have had their say in what clubs they enjoy the most.
- Involve all children in regular intra-school competitions for a variety of different sports and activities which actively promote sportsmanship, respect, equality and fairness.
- Encourage children to take part in inter-school competitions within the local area. Such competitions reinforce the important values of sportsmanship, respect, equality and fairness. These competitions also develop team work, community, communication and leadership skills.
- Ensure that in KS2 children can learn to use a range of strokes effectively, swim competently and confidently over a distance of at least 25 metres and know how to remain safe in and around water.

Impact

Within Physical Education, we create an area of learning where self-esteem, physical progression and positive attitudes are fostered and nurtured to provide all children with the opportunity to succeed, whether through personal or team success. We ensure that our pupils meet all the requirements of the Key Stage 1 and 2 National Curriculum programme of study for Physical Education while promoting a healthy lifestyle which children can develop and value into adulthood.

Meaningful and purposeful assessment shows what is happening during lessons and helps teachers to support pupils' learning. Teachers and Sports Coaches work together to assess pupils during each lesson and collect photographic and video evidence throughout each unit of work. Using this information, pupil progress and attainment is assessed at the end of each unit and the data collected recorded formally on the PE Passport. Pupil voice is used to further develop the curriculum, through questioning of pupil's views and attitudes to sport and PE to support the children's enjoyment of the subject and to motivate learners. Children at Hollinhey primary overwhelmingly enjoy PE and this results in motivated learners with a sound understanding of how to lead a healthy, active life.